

Where do you
get that
living water?

JOHN 4:11



Hope Lutheran Church

March 8, 2026

Pastor

Jim Helgren

Organist

Alberta Block

.....
Third Sunday in Lent
.....

Prelude, Welcome, Announcements

Opening Hymn "In the Cross of Christ I Glory"

FOG # 251

Call to Worship

P: We acknowledge, O Lord, that there is so little in us that is lovable.

C: So often we are not lovely in our thoughts, in our words, or in our deeds. And yet Thou dost love us still. May our hearts be open to that love today.

P: May thy healing invade our inmost hearts, healing sorrow, pain, frustration, defeat and despair.

C: May this day create within us a love for Thee of stronger than vague sentimentality—a love which seeks to know Thy will and do it.

All: So grant that this day of hallowed remembrance may be the beginning of a new way of life for each of us, a new kind of living that shall be the best answer to the confusion and to the challenge of evil in our day. —Peter Marshall FOG pg. 257

Prayer of the Day: Merciful God, the fountain of living water, you quench our thirst and wash away our sin. Give us this water always. Bring us to drink from the well that flows with the beauty of your truth through Jesus Christ, our Savior and Lord, who lives and reigns with you and the Holy Spirit, one God now and forever. Amen.

The Lessons

Exodus 17:1-7

Psalm 95

Romans 4:1-11

LBW pg. 260

My Lord is real, yes, real to me. My Lord is real, yes, re-al to me.

My soul demands re-al-ity, my precious Lord is real to me.

Gospel

John 4:5-42

Sermon

Hymn of the Day "Softly and Tenderly"

FOG # 432

Prayers of the Church-----The Lord's Prayer

Offering/Offertory: We give Thee but Thine own, What e'er the gift may be. All that we have is thine alone. A trust, O Lord, from Thee.

Benediction & Dismissal

Closing Hymn "I Need The Every Hour"

FOG # 443

In Our Prayers: Carol Speth, Ruth Heitbrink, Gerry Brezenski & the Workbook Committee

We welcome you to worship with us today. If you are a guest please sign the guest book.

Monday, March 9th: 2:00 Hope & Grace Bible Study at Grace

Wednesday, March 11th: 4:00 p.m. Kids for Christ, 6:00 p.m. Confirmation, 7:00 p.m. Lent Service at Grace

Thursday, March 12th: Lenten Lunch 11:45 a.m. at Grace

Sunday, Febr. 15th: 10:00 a.m. Holy Communion Worship, 11:00 a.m. Hope Council followed by the Workbook committee

****Pastor Helgren's phone #'s (402-848-2391 Hope), (402-864-4201 Grace), (402-826-0613 Cell), or (402-864-2113 Home). For bulletin/newsletter items contact Sharon Carman at 402-269-5096 or carmansharon@gmail.com**

FIRST READING: Exodus 17:1-7

[not printed]

Psalm 95

SECOND READING: Romans 5:1-11

[not printed]

GOSPEL: John 4:5-42

[Jesus] came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. ⁷Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." ⁸(His disciples had gone to the city to buy food.) "The Samaritan woman said to him, 'How is it that you, a Jew, ask a drink of me, a woman of Samaria?' (Jews do not share things in common with Samaritans.) ¹⁰Jesus answered her, "If you knew the gift of God and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." ¹¹The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? ¹²Are you greater than our ancestor Jacob, who gave us the well and with his sons and his flocks drank from it?" ¹³Jesus said to her, "Everyone who drinks of this water will be thirsty again, ¹⁴but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." ¹⁵The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water."

¹⁶Jesus said to her, "Go, call your husband, and come back." ¹⁷The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband,' ¹⁸for you have had five husbands, and the one you have now is not your husband. What you have said is true!" ¹⁹The woman said to him, "Sir, I see that you are a prophet. ²⁰Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem." ²¹Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. ²²You worship what you do

not know; we worship what we know, for salvation is from the Jews. ²³But the hour is coming and is now here when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. ²⁴God is spirit, and those who worship him must worship in spirit and truth." ²⁵The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." ²⁶Jesus said to her, "I am he, the one who is speaking to you."

²⁷Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" ²⁸Then the woman left her water jar and went back to the city. She said to the people, ²⁹"Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?" ³⁰They left the city and were on their way to him.

³¹Meanwhile the disciples were urging him, "Rabbi, eat something." ³²But he said to them, "I have food to eat that you do not know about." ³³So the disciples said to one another, "Surely no one has brought him something to eat?" ³⁴Jesus said to them, "My food is to do the will of him who sent me and to complete his work. ³⁵Do you not say, 'Four months more, then comes the harvest'? But I tell you, look around you, and see how the fields are ripe for harvesting. ³⁶The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. ³⁷For here the saying holds true, 'One sows and another reaps.' ³⁸I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor."

³⁹Many Samaritans from that city believed in him because of the woman's testimony, "He told me everything I have ever done." ⁴⁰So when the Samaritans came to him, they asked him to stay with them, and he stayed there two days. ⁴¹And many more believed because of his word. ⁴²They said to the woman, "It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world."

Next Sunday's Readings: 1 Samuel 16:1-13; Psalm 23; Ephesians 5:8-14; John 9:1-41.

Cover: Water running over hand. Photo by Flavia Moriachetti. Copyright © 2024 Getty Images Plus via Getty Images/Moment Collection. Used by permission. Readings from the New Revised Standard Version Updated Edition. Copyright © 2021 National Council of Churches of Christ in the United States of America. Used by permission. All rights reserved worldwide. Revised Common Lectionary copyright © 1992 by the Consultation on Common Texts (CCT), admin. Augsburg Fortress. All rights reserved. Used by permission. Please visit our website at www.augsburgfortress.org. Tracks 1 and 2 Copyright © 2025 Augsburg Fortress. All rights reserved. May not be reproduced. Printed in U.S.A.

ITEM015078 ELCA-V